Co-op Program

COUNSELING



The Bachelor's degree program in Counseling offers fundamental training in the field of counseling and opens the door to various job opportunities in education and career counseling, both youth and adult. The program teaches essential skills and competencies in counseling and HR techniques: individual and group counseling, group-based activities, educational and career guidance, psychometric testing and assessment, hiring and human resources development, as well as job description and evaluation.

The program also delivers training in specific aspects of counseling: job, education and training search, recognition and assessment of prior learning and skills, career planning and development within organizations, guidance -oriented approach, and design of counseling program.

WHAT OUR STUDENTS CAN DO FOR YOU

Organizational Development

- Assist individuals in their job searching, maintaining and creating efforts (CV, job interview coaching, etc.)
- Job candidate profiles
- Supervised psychometric testing and assessment
- Prepare job descriptions based on the tasks and skills required
- Design training and career management programs
- Employability coaching

Information and Counseling

- Educational and vocational counseling needs assessment
- Provide job market and career information and inform about the educational system
- Organize career days, workplace visits, conferences, job shadowing and internships
- Develop, maintain and keep up to date a network of contacts
- Understand, analyze, classify and prepare educational and vocational documentation
- Evaluate the complexity or the suitability of background documentation for a target audience
- Create and manage a documentation centre
- Give trainings on education and work- related topics

HR Management

- · Negotiation preparation reports
- CSST claims
- Social and recognition events
- Job description
- Compilation of statistics
- Benefits management
- · Performance assessment
- Job posting
- · Preselection of candidates
- Job interviews
- Management tools design
- · Personnel files update
- Employee manuals and handbooks





KNOWLEDGE AND SKILLS

Term	Description
S-1	Introduction to counseling, diversity of work environments, client groups and career counseling needs; understanding career development and human development theories and their application in actual situations; professional and job market dynamics; computer tools and databases for educational and professional information.
S-2	Planning, implementing and evaluating real-life counseling projects; further studies in the dynamics of learning processes and knowledge transfer; analysis of research in counseling and use of advanced statistical techniques (inferential statistics) to record and interpret results; contemporary career development theories, including specific audiences.
S-3	Supervised interventions to apply basic individual relationship counseling skills; study and application of key counseling notions in a real-life professional context: job, education and training search, career counseling and guidance; introduction to psychometrics (tests).
S-4	Further studies in the design and application of tools for rigorous assessment of specific counseling contexts: counseling issues and personality disorders (DSM-IV), multicultural dynamics, prior learning and skills recognition.
S-5	Practical application of advanced notions in information transfer and integration of learnings in direct counseling situations while taking into consideration various ethical aspects; medium-sized group intervention; management and adjustment of interest inventories and other personality-related psychometric tools, assessment reporting.
S-6	Improvement and management of the counseling practice to ensure rigor and pertinence; counseling various parties in the domains of education and employment; understanding the dynamics of social phenomena and career counseling within organizations; skills testing; design of counseling programs.

ORGANIZATION OF STUDY (S) AND WORK TERM (W)

1st year			2nd year			3rd year			4th year
FALL	WIN	SUM	FALL	WIN	SUM	FALL	WIN	SUM	FALL
S-1	S-2	-	S-3	W-1	S-4	W-2	S-5	W-3	S-6

