

Adaptation and evaluation of an online program for social anxiety

Record number : OPR-1074

Overview

RESEARCH DIRECTION

Helen-Maria Vasiliadis, Professeure -
Department of Community Health Sciences

INFORMATION

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ADMINISTRATIVE UNIT(S)

Faculté de médecine et des sciences de la
santé
Département des sciences de la santé
communautaire

LEVEL(S)

Stage postdoctoral

LOCATION(S)

Campus de Longueuil

Project Description

DIGITAL MENTAL HEALTH INTERVENTION

*Flexible offer according to students' interests (qualitative or quantitative study).

1) The postdoctoral fellow's role will be to assess the facilitators and barriers to the dissemination of online programs for social anxiety from the perspective of users and professional health staff.

2) The project will evaluate a digital intervention based on cognitive and behavioural strategies for social anxiety and its conditions of use in clinical practice (autonomous; accompanied by a care provider; or low-intensity guided self-care) quantitatively or qualitatively.

Profiles sought:

- PhD in health science, psychology, social work, public health or other relevant field.
- Experience in qualitative analysis and individual and group interviews.

Interested candidates are invited to email the following documents to Professor Helen-Maria Vasiliadis: Helen-Maria.Vasiliadis@usherbrooke.ca

- A cover letter describing your interest and relevant experience
- An up-to-date resume
- Academic transcripts

Possibility for scholarship.

Discipline(s) by sector

Sciences de la santé

Administration de la santé

Sciences sociales et humaines

Psychologie

Funding offered

Yes

45 000\$ for 1 year

The last update was on 24 October 2025. The University reserves the right to modify its projects without notice.