



# Connect, bond, maintain, repeat: Building meaningful relationships remotely



Workshop developed and facilitated by

**Dominic Brierre**

Pedagogical counsellor (University of Sherbrooke)

# Learning outcomes

- 1. Reflect** on practices and digital tools that can help foster meaningful relationships in distance education (LO1)
- 2. Identify** at least one area you would like to improve in your teaching practice (strategies/digital tools) to establish and maintain meaningful relationships (LO2)
- 3. Start drafting an action plan** to implement the improvements you would like to make next time you teach (LO3).

# Agenda

1

- Introduction (10)
- What are the key ingredients of a meaningful relationship to you? (10)

2

- Leveraging the “presences” to foster relationships remotely (15)
- Looking back at our successful practices (15)
- Identifying an area of improvement, planning, discussion (30)
  - Ind. + small group discussions

3

Wrap Up + conclusion (10)

# Housekeeping



On



Course  
syllabus



Mindful



# Activity 1

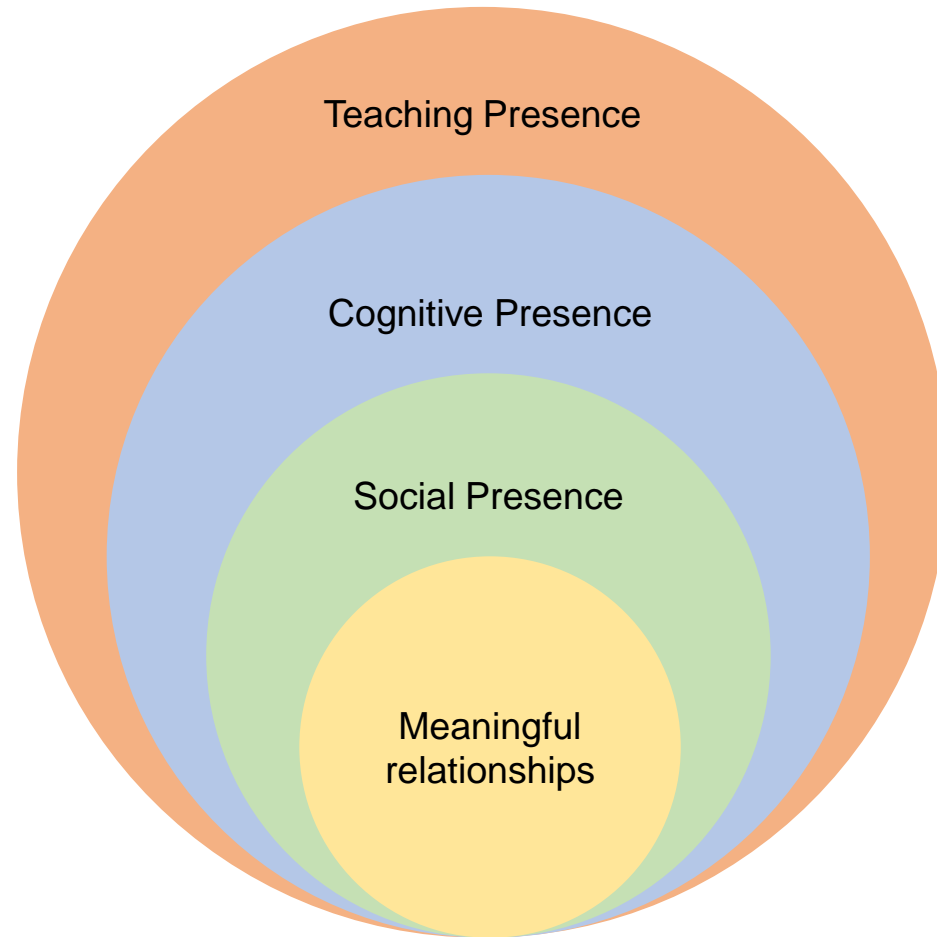
What are the key ingredients of a meaningful relationship to you?

Go to: [bit.ly/connectbondmaintain](https://bit.ly/connectbondmaintain)



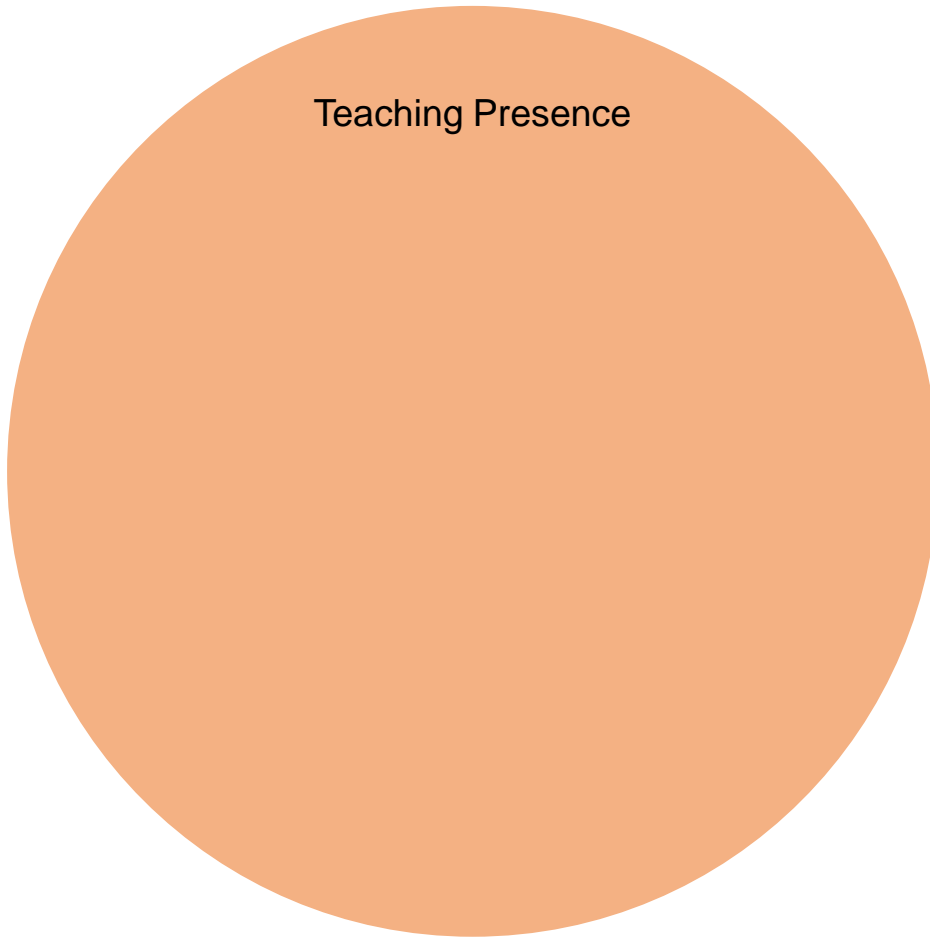
# Leveraging the “presences” to foster meaningful relationship remotely...and learning

# 3 types of interdependent presences for meaningful relationships remotely



Adapted from Alexandre (2020) and Garrison (2009)

# 3 types of interdependent presences for meaningful relationships remotely



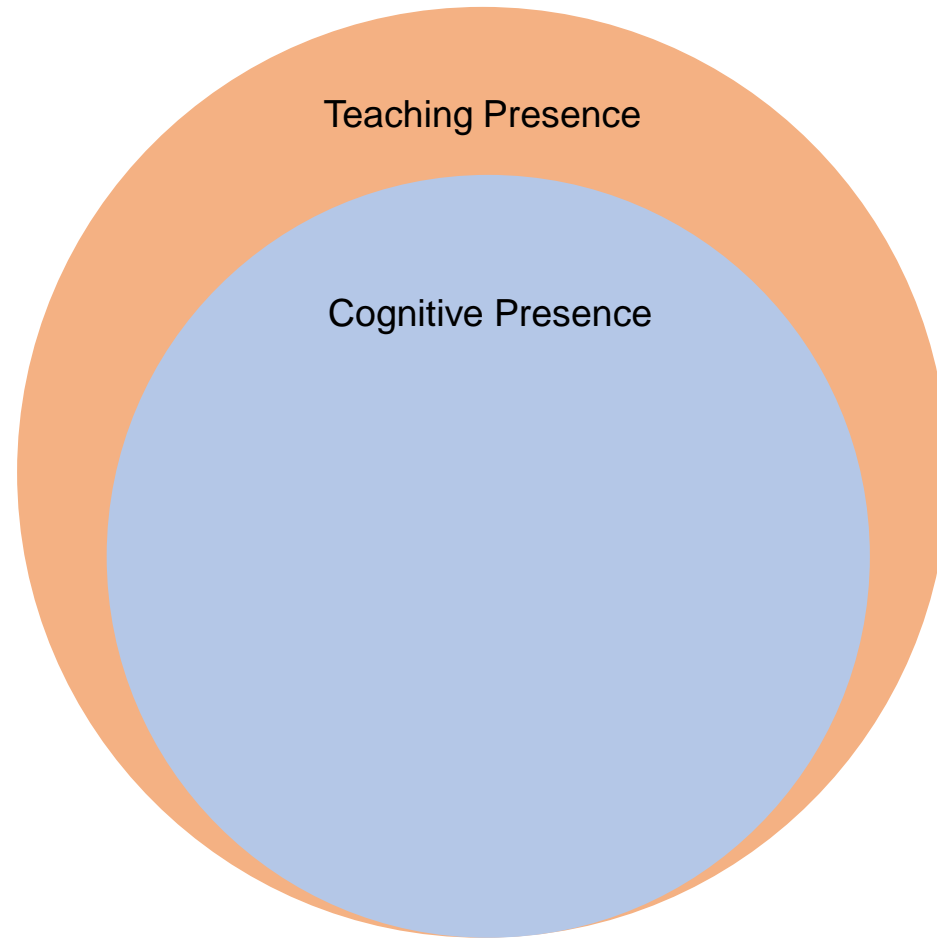
## Teaching Presence

- Setting curriculum and methods (designing)
- Shaping constructive exchanges (facilitating)

Adapted from Alexandre (2020) and Garrison (2009)



# 3 types of interdependent presences for meaningful relationships remotely

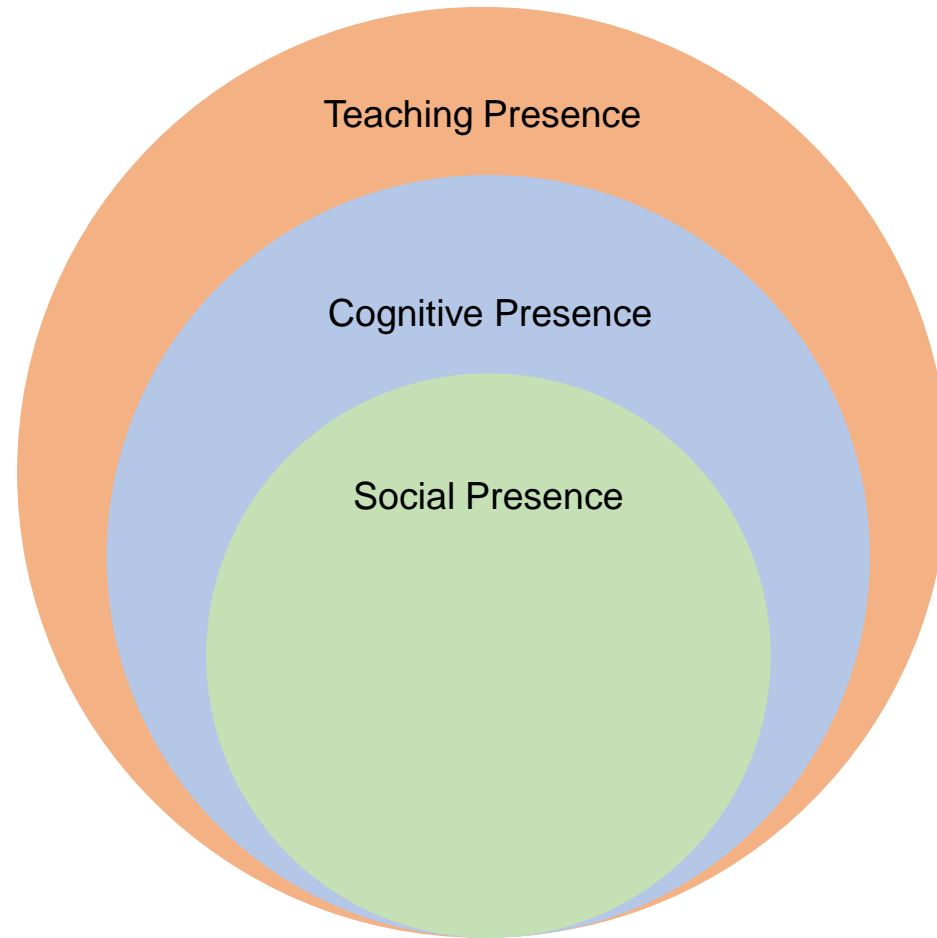


## **Cognitive Presence**

- Connecting ideas (integration)
- Exchanging information (exploration)

Adapted from Alexandre (2020) and Garrison (2009)

# 3 types of interdependent presences for meaningful relationships remotely

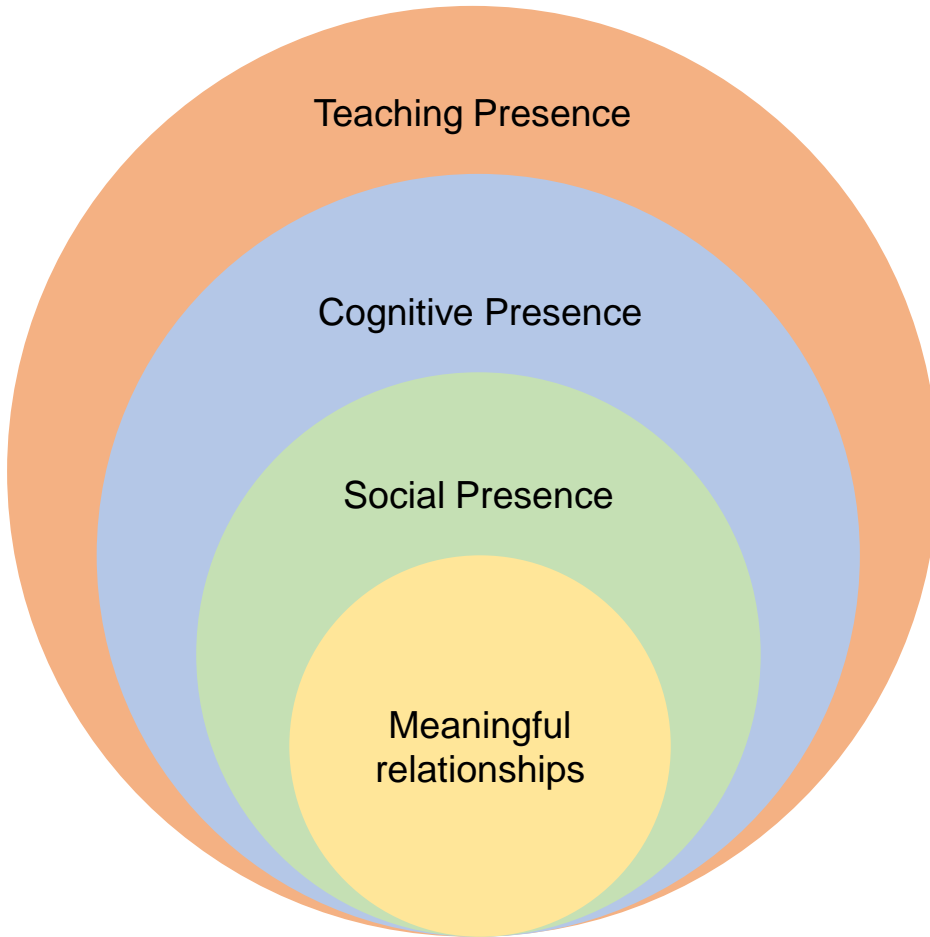


## **Social Presence**

- Setting a risk-free expression learning climate (open communication)
- Encouraging collaboration (group cohesion)

Adapted from Alexandre (2020) and Garrison (2009)

# 3 types of interdependent presences for meaningful relationships remotely



Adapted from Alexandre (2020) and Garrison (2009)

## Teaching Presence

- Setting curriculum and methods (designing)
- Shaping constructive exchanges (facilitating)

## Cognitive Presence

- Connecting ideas (integration)
- Exchanging information (exploration)

## Social Presence

- Setting a risk-free expression learning climate (open communication)
- Encouraging collaboration (group cohesion)

# Activity 2B

## Looking back at our successful practices

Ind. + small group discussions

Go to: [bit.ly/connectbondmaintain](https://bit.ly/connectbondmaintain)

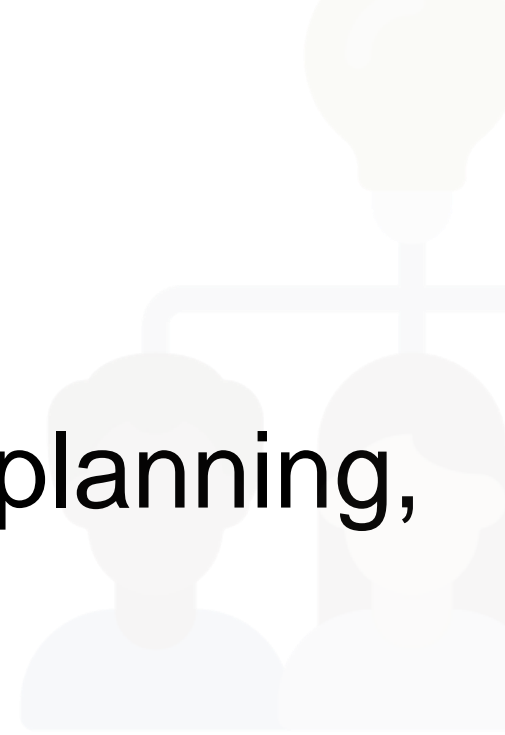


# Activity 3A

Identifying an area of improvement, planning,  
discussion (30)

Ind. + small group discussions

Go to: [bit.ly/connectbondmaintain](https://bit.ly/connectbondmaintain)



# Wrap up

1. **Reflect** on practices and digital tools that can help foster meaningful relationships in distance education (LO1)
2. **Identify** at least one area you would like to improve in your teaching practice (strategies/digital tools) to establish and maintain meaningful relationships (LO2)
3. **Start drafting an action plan** to implement the improvements you would like to make next time you teach (LO3).

Key take-aways?

Next steps?

Observations (interactions, tools)?

Co-created resources

# Workshop Evaluation

Please take a few moments to fill out the evaluation.

<https://forms.office.com/r/OUViXBRCNe>

The link is also in the chat.

Thank you!



# Acknowledgements

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# References

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