

Toward a new care model for patients with multimorbidity

Toward a new care model for patients with multimorbidity, by Hassan Soubhi, 2007-01-17

Dear IRCMo Members,

Little has been written on the impact of multimorbidity on processes of care. What affects processes of care for patients with multimorbidity, and what constitutes 'best care' for this population? How do we implement whatever 'best care' turns out to be in light of the current acute care structure of health care delivery? And what new design features should care delivery have?

This is just a sample of questions that we plan to address as we develop a new care model for patients with multimorbidity. Answers to these questions will require substantial innovation in health care delivery, organisation, and research.

So we are pleased to invite you to join the discussions in IRCMo's Intervention Models as we seek strategies and solutions that foster collaborative learning and the development of a care model for patients with multiple chronic conditions.

Sincerely,

Hassan Soubhi, MD, PhD,
Discussion Moderator, IRCMo's Intervention Models

Requirements of Primary Care Design for Patients with Multimorbidity, by Hassan Soubhi, 2007-02-28

I like Noam Chomsky's idea of dividing our ignorance in two kinds: mysteries and problems. While we stand befuddled in wonder with the first, we usually have some inkling of what a solution might look like with the second.

I think that if we apply this view to multimorbidity, we may realize that multimorbidity is not a mystery, but a problem for which our best working hypotheses for intervention are in the single diseases approaches and in the Chronic Care Model (CCM). For example, we do have at this point, good levels of evidence about specific components of the CCM that can potentially work for patients with multimorbidity, e.g. support for patient's self-management and support for professionals' decision-making.

Given the challenge of collaborative problem-solving that multimorbidity brings, primary care may probably offer the best infrastructure for caring for patients with multimorbidity. Also given the higher needs for care coordination, information management, and access to experts' advice, one may then ask: how to implement the CCM components and how to redesign primary care delivery for these patients?

Hassan

Hassan Soubhi, MD, PhD
Department of Family Medicine
University of Sherbrooke

Re: Toward a new care model for patients with multimorbidity, by Elyzabeth Bayliss, 2007-03-02

I agree...and would add that determining processes of best care will need to include some ability to individualize care as members of this population have individual needs and priorities. One challenge will be to develop the resources and care patterns to address these needs efficiently and cost effectively.

Elizabeth Bayliss MD, MSPH
Kaiser Permanente, Colorado
University of Colorado Health Sciences Center

Re: Toward a new care model for patients with multimorbidity, by Hassan Soubhi, 2007-03-05

Priority setting comes to mind; care for these patients would have to be goal-oriented. Implementing efficient monitoring strategies also appear as a necessary complement.

Hassan

Re: Requirements of Primary Care Design for Patients with Multimorbidity, by Patricia Thille, 2007-03-13

I'd suggest we consider the Expanded CCM as proposed in British Columbia, Canada. This moves CCM beyond health care, conceptually including healthy public policy.

Re: Requirements of Primary Care Design for Patients with Multimorbidity, by Hassan Soubhi, 2007-06-05

Hello,

Here is a website at the BC's Ministry of Health that presents the expanded model.

http://www.healthservices.gov.bc.ca/cdm/cdminbc/chronic_care_model.html

Hope this is useful.

Re: Toward a new care model for patients with multimorbidity, by Susan Smith, 2007-10-17

Hi, I agree with the concept of priority setting. also worth considering how this may vary in different types of healthcare system? Enjoy th eworkshop ans sorry I can'r be there. Susan